



## All-original Binaural recordings of soothing sounds designed to help alleviate Tinnitus and sleep disorders.

Personalize your relaxing experience with 18 different soundscapes to choose from. Exclusive for Apple Music users.

## Digital Release UPC 196292746891

The Orchard Distribution www.theorchard.com

## Catalog HEAL002APPLE

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**Deep Sleep Station** presents the first album of the Soundscapes Series recordings aimed to help people with sleep and/or hearing disorders (i.e. tinnitus).

Each Soundscape has a very different frequency content distribution, giving the listeners a great choice to fit their personal preferences and to mask the particular ringing frequency of their tinnitus, as well as to use a calming sound to relax and help with sleep.

Applied to the treatment of tinnitus, the American Tinnitus Association (ATA), defines the following:

- 1) Masking: exposing the patient to an external noise at a loud enough volume that it partially or completely covers the sound of their tinnitus.
- 2) Distraction: using external sound to divert a patient's attention from the sound of tinnitus.
- 3) Modified-Sound / Notched-Music Devices: Unlike standard white noise machines, notched-music devices are generally worn intermittently (only during defined therapy sessions or times of predictable acute need, such as before bed or immediately upon waking), and provide lingering benefit after the device is turned off.

Also, unlike standard white noise machines, notched-music and modified sound devices may, over time, alleviate the perceived burden of tinnitus — even after they are turned off. By facilitating habituation these products may help the patient naturally "tune out" the perception of tinnitus.

Our album Tinnitus Ultimate Relief provides all three of these resources, aimed to help alleviate the symptoms of this widely spread condition which affects around 15% of the population, this is more than 50 million people in the US alone.

Recorded in Hi-res audio 96k/32b with Binaural techniques, mastered down to 96k/24b, Apple Digital Masters certified.

## Credits

Executive Producer: Edgardo Vertanessian Recorded, Mixed, and Mastered in Hi-Res 96/24 by Edgardo Vertanessian

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